

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Menu Name: BREAKFAST K-12 2019-2020

Include Cost: No

Site: All Sites

Report Style: Detailed

Monday - 03/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000140 SCRAMBLED EGG-1ea (2 oz)	EGG	0	72	1.56	71	*0	4.76	0.02	186	0.36	0.00	6.28	270	28.0	*0.00	0.88
001792 BACON, PRECOOKED	2 SLICES	0	45	1.50	125	0	3.50	0.00	10	0.00	0.00	3.00	0	0.0	0.00	0.00
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Tuesday - 03/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001076 BREAKFAST BURRITO 6"	1 ea	0	302	7.59	932	*N/A*	18.19	*0.00	351	14.10	0.32	19.97	18623	619.8	*2.38	25.72
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Wednesday - 03/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000368 FRENCH TOAST STICKS	1 SERVING	0	377	2.71	876	*N/A*	10.80	*N/A*	145	56.82	1.95	13.10	331	189.4	0.53	3.91
001811 SYRUP, MAPLE	SERVINGS	0	135	0.00	6	35	0.00	*0.00	0	34.78	0.00	0.02	0	16.0	0.00	0.14
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

Thursday - 03/05/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990036 BREAKFAST CROISSANT SAND./HAM	SANDWICH	0	478	13.42	1125	*5	25.30	*0.52	244	40.61	1.00	21.47	907	252.1	0.00	2.94
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Friday - 03/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001618 SAUSAGE GRAVY	1/2 Cup	0	114	0.87	171	*6	2.56	*0.00	14	12.76	1.01	10.44	312	162.0	*0.64	0.69
001577 BISCUITS: PLAIN,	2 OZ	0	170	5.00	280	*N/A*	5.00	0.00	0	27.00	2.00	4.00	0	*N/A*	0.00	*N/A*
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00

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Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001378 MILK, FF SKIM, CHOCOLATE Vit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Monday - 03/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001527 MUFFIN BLUEBERRY II	muffin	0	164	1.40	363	*12	7.14	*0.00	24	22.72	1.47	2.37	1640	72.9	0.63	2.60
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM, CHOCOLATE Vit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Tuesday - 03/10/2020

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990060 CASSEROLE, EGG, POTATO AND BACON																
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Wednesday - 03/11/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990073 WAFFLE SANDWICH, PB&J	EACH	0	219	2.39	414	*2	11.16	*0.00	25	25.33	1.00	5.52	230	45.3	0.33	0.47
000905 OATMEAL CEREAL	SERVING	0	43	0.15	97	*0	0.76	0.00	0	7.94	1.22	1.53	0	4.5	0.00	5.50
000846 BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	0	50	0.00	5	*N/A*	0.00	0.00	0	12.04	0.00	0.00	0	0.0	0.00	0.36
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00

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Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Thursday - 03/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990074 STRAWBERRY OATMEAL BARS	SERVING	0	153	1.00	16	*12	6.50	*0.00	0	22.81	1.77	1.47	0	10.7	18.00	0.67
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Friday - 03/13/2020

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001823 BACON, EGG AND TOMATO TOAST	PORTIONS	0	135	*3.06	225	*0	8.69	*0.00	*222	4.12	*0.32	10.03	*12425	266.7	*3.43	16.78
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	*0.00	0	*0	0.00	*0.00	*0	0.00	*0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				*0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Monday - 03/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000140 SCRAMBLED EGG-1ea (2 oz)	EGG	0	72	1.56	71	*0	4.76	0.02	186	0.36	0.00	6.28	270	28.0	*0.00	0.88
001792 BACON, PRECOOKED	2 SLICES	0	45	1.50	125	0	3.50	0.00	10	0.00	0.00	3.00	0	0.0	0.00	0.00
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00

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Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Tuesday - 03/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990108 BISCUIT SANDWICH W/SAUSAGE	Sandwich	0	484	11.20	1289	*1	35.68	*0.02	240	20.73	0.46	18.92	393	162.6	0.00	2.44
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Wednesday - 03/18/2020

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001796 QUICHE, BACON AND CHEESE	SERVING	0	402	6.42	405	*0	15.04	*0.00	*107	19.14	0.71	11.32	*247	204.4	*0.74	0.88
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	*0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Thursday - 03/19/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001601 BREAKFAST PIZZA	PIECE	0	210	2.00	480	*N/A*	8.00	0.00	15	27.00	3.00	10.00	300	150.0	0.00	1.80
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Friday - 03/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000370 EGG,HARD-BOILED, 1 EA	EACH	0	78	1.63	62	1	5.30	*N/A*	186	0.56	0.00	6.29	260	25.0	0.00	0.60
990075 SAUSAGE LINKS, BREAKFAST	SERVING	0	123	3.80	176	0	11.00	0.00	27	1.00	0.00	6.00	57	17.0	0.00	0.00
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Monday - 03/30/2020

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000368 FRENCH TOAST STICKS	1 SERVING	0	377	2.71	876	*N/A*	10.80	*N/A*	145	56.82	1.95	13.10	331	189.4	0.53	3.91
001811 SYRUP, MAPLE	SERVINGS	0	135	0.00	6	35	0.00	*0.00	0	34.78	0.00	0.02	0	16.0	0.00	0.14
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

Tuesday - 03/31/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001700 BREAKFAST EGG QUESADILLA	1 SERVING	0	438	7.89	833	*0	22.71	*0.00	469	26.31	0.00	30.98	24585	896.5	0.00	34.52
001065 JUICE, ASSORT (APL,O/P,GR)	SERVING-4 OZ	0	60	0.00	17	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001704 FRUIT, CHOICE	1/2 CUP	0	49	0.04	2	*4	0.13	0.00	0	12.15	1.54	0.50	120	13.1	16.34	0.10
001377 MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	0	80	0.00	125	*N/A*	0.00	0.00	4	12.00	0.00	9.00	500	300.0	2.40	0.00

Planned Menu Spreadsheet

Portion Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001378 MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	0	120	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.36
Weighted Daily Average			0	0.00	0	*0	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			0 - 0	<0			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	0	*0.00	0	*0	0.00	*0.00	*0	0.00	*0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories		*0%		*0%	0%	*0%		0%		0%				

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.